



Healthy Communities
of Jefferson County



Healthy Communities
of Jefferson County

Mission Statement

"Mobilizing our community to improve identified health needs in Jefferson County"

Most Recent - 2016

Community Health Needs Assessment (CHNA)

Top Health Issues

- **Substance Abuse/ Addictions**
- **Overweight and Obesity**
- **Tobacco Use**
- **Lack of Physical Activity**
- **Chronic Disease**
- **Mental Health/Suicide**

The entire 2016 Jefferson County CHNA may be found under the Community Tab at kdhmadison.org.

Drug Overdose Deaths

Includes accidental, intentional, and of undetermined poisoning by and exposure to: 1) nonopioid analgesics, antipyretics and antirheumatics, 2)antiepileptic, sedative-hypnotic, antiparkinsonism and psychotropic drugs 3)narcotics and psychodysleptics (hallucinogens), 4)other drugs acting on the autonomic nervous system, and 5) other and unspecified drugs, medicaments and biological substances.

2016	Number of Drug Overdose Fatalities	Drug Overdose Mortality Rate per 100,000
Indiana	1,526	24%
Jefferson	37	11.4%

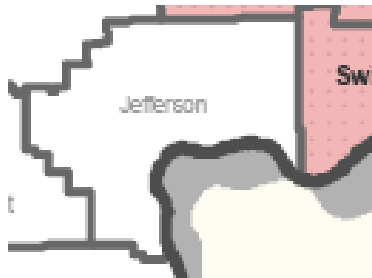
Suicide Death Rate

Rate per 100,000 population

	2016	2015	2014	2013
Nation	12.9	13.3	13.0	12.6
Indiana	15.4	14.3	14.2	14.2
Jefferson	41.8	21.7	26.8	11.2

Mental Health Professional Shortage Area

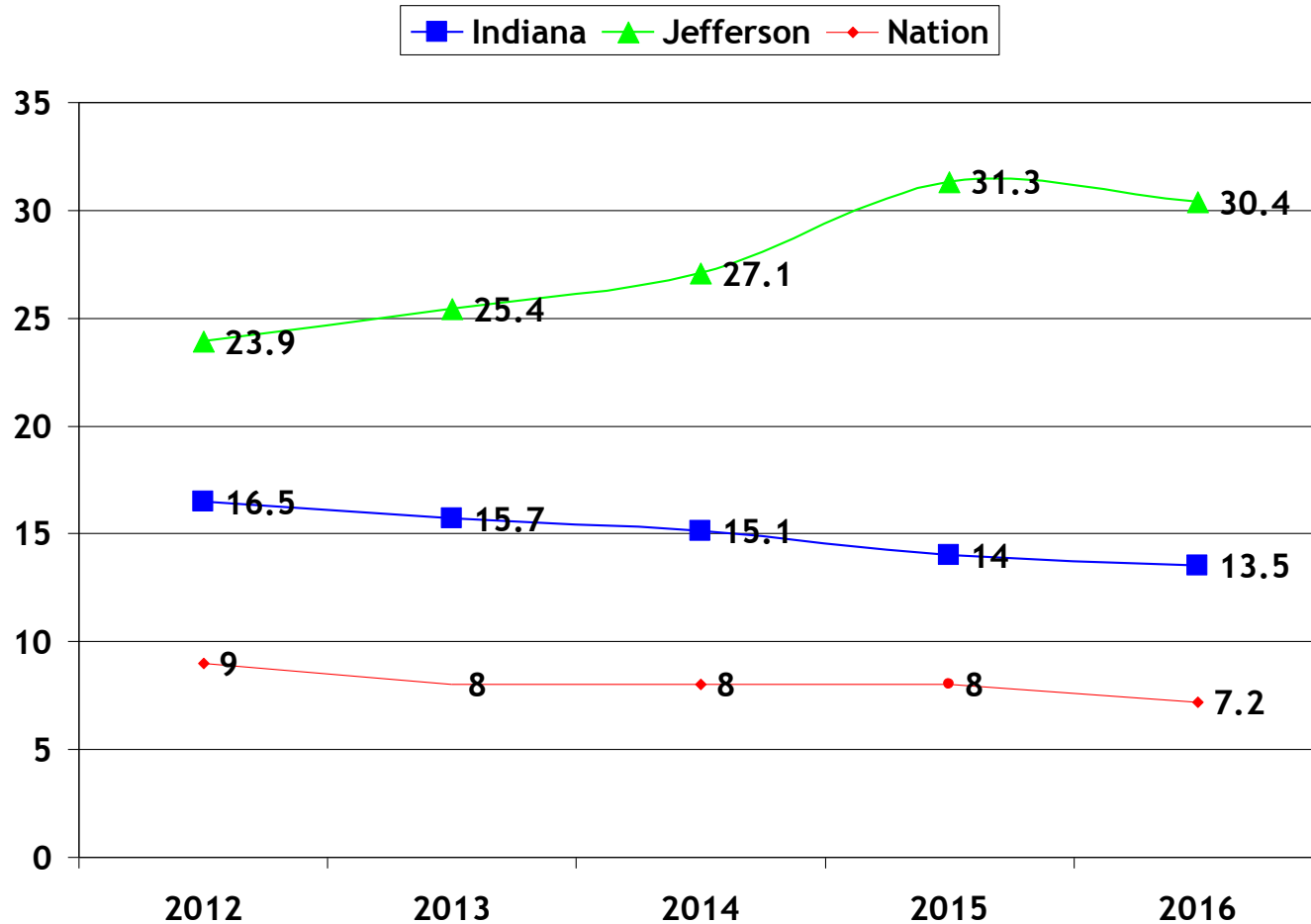
Jefferson County was officially designated a Mental Health Professional Shortage Area on October 3, 2017.



On a scale of 0 to 25 with 25 indicating an area of highest need – Jefferson County scored a 16.

Smoking during Pregnancy

As a percentage



Heart Related Deaths

Rate per 100,000 population

	2016	2015	2014
Nation	202.8	206.1	203.5
Indiana	237.4	238.0	240.0
Jefferson	290.1	285.0	362.2

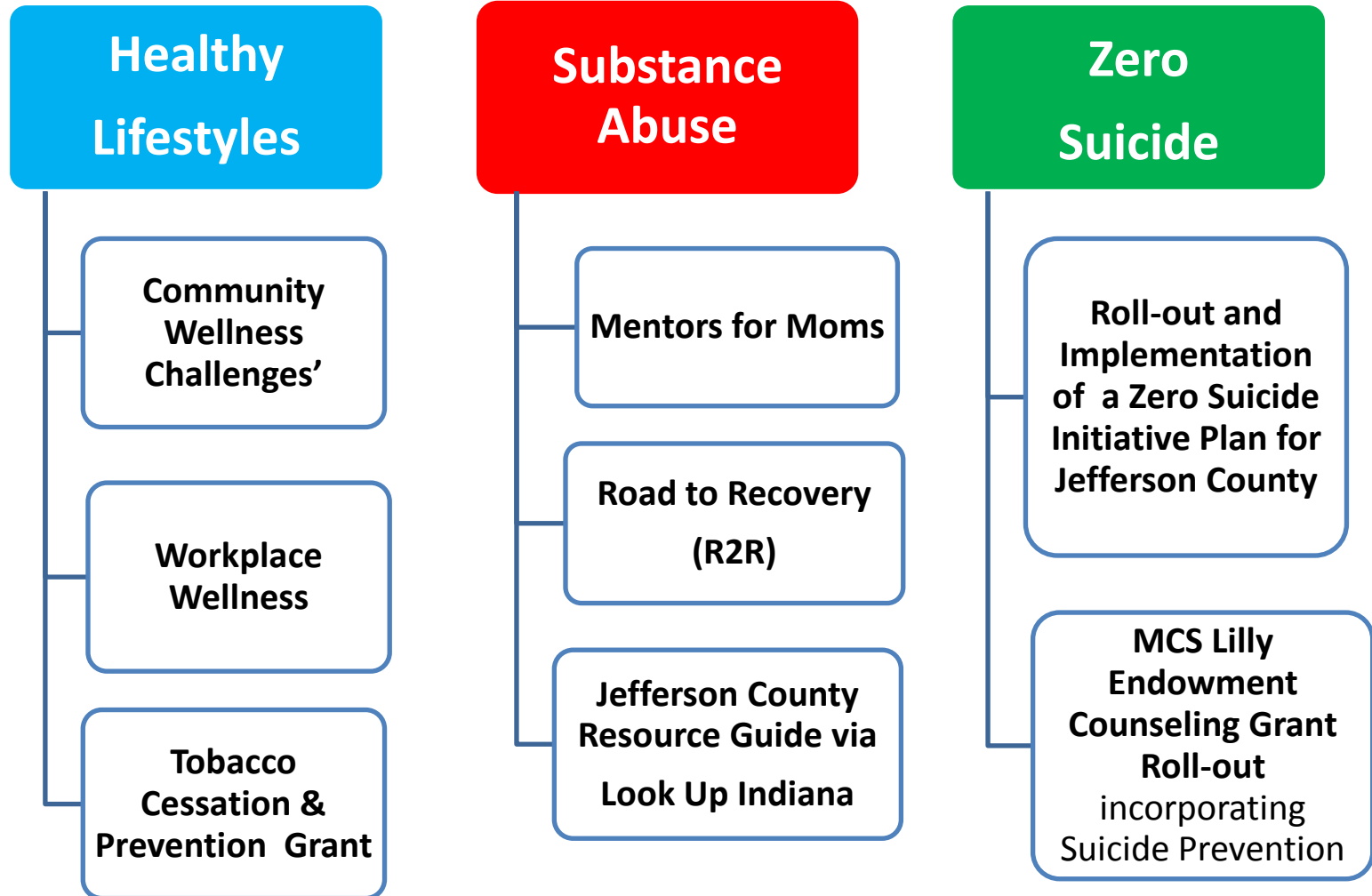
Stroke Death Rate

Rate per 100,000 population

	2016	2015	2014
Nation	37.3	37.6	36.5
Indiana	39.5	39.0	41.7
Jefferson	57.4	43.7	79.6



2018 Key Initiatives



Community Engagement

470 Community Members Involved with HCI

HCI Facebook Page – 643 Likes/660 Follows

www.facebook.com/HCjeffersoncounty/

15 Presentations on HCI made to area organizations

Meetings conducted in addition to HCI Team Meetings

- Zero Suicide Community Meeting
- Faith-Based Community
- Meeting of School Counselors from every school in Jefferson County

Meetings with Key State Officials:

- Jason Murrey, Indiana State Suicide Prevention Coordinator
- Terry Cook, Assistant Director, Division of Mental Health and Addiction State Opioid Treatment Authority
- Jim McClelland, Executive Director for Drug Prevention, Treatment and Enforcement

Partnerships

- Second Stories - Mentors for Moms
- Salvation Army - Road to Recovery
- Pastor Mike Straub - Road to Recovery
- Zero Suicide/SAMSHA Grant Community Health - Zero Suicide Plan for Jefferson County
- Resource support to Ivy Tech Community College in pursuit of a SAMHSA grant for the Madison Campus.
- Letters of support for Southwestern Schools in support of a Lilly Endowment Grant and Madison Consolidated Pre-school in pursuit of a FSSA grant.
- Greater Madison Ministerial Association - World Suicide Prevention Day Candlelight Service
- Community Foundation of Madison & Jefferson County - Zero Suicide Plan for Jefferson County .
- Indiana Suicide Prevention Coalition (ISPC) - we are now a formal member of the coalition
- Suicide Prevention Resource Center - Community of Practice - our county is the Indiana member for this year.
- Hanover College/Ivy Tech/MCS - Community Poverty Simulation.
- City of Madison/Human Relations Committee - Kindness Challenge Community Book Club Selection.
- Look Up Indiana - Website host for upcoming County Resource Guide for Substance Abuse and Mental Health.



Healthy Lifestyles Team

Healthy Lifestyles Team

What were the needs identified at the HCI Launch?

- A Healthy Lifestyles Resource Guide detailing exercise and nutrition information for the county.
- A Community Health Challenge building on the step challenge launched by Envision.
- Education on diet and nutrition.

Healthy Lifestyles Team

What has been accomplished?

- Summer Healthy Lifestyles Community Health Challenge.
- Healthy Lifestyles Resource Guide.
- Healthy Youth Tailgate Party.
- Cold Turkey Tobacco Cessation Challenge.
- Lighten Up Jefferson County Weight Loss Challenge including three seminars on diet and nutrition.
- Community Pep Walk in conjunction with Kindness Challenge.

Healthy Lifestyles Team

What is Planned?

- Tobacco Community Conversation Event.
- Re-launch of Summer Healthy Lifestyles Community Health Challenge.
- Repeat of Healthy Youth Tailgate Party.
- Sub-committee forming to plan a “Park Hop” for the summer of 2019.
- Exploration of a Colts grant opportunity to potentially fund a youth-based physical activity program.



Substance Abuse Team

Substance Abuse Team

What were the needs identified at the HCI Launch?

- A resource guide with a directory of services and a dictionary to decipher all the terms/agencies involved.
- A better understanding of all the agencies and organizations involved.
- Transportation to/from rehabilitation facilities.
- Help for the newborns born exposed to substance abuse – especially in their first six months of life.
- A quick response team approach in the county.
- Better data on overdoses/suicidal attempts/suicides.

Substance Abuse Team

What has been accomplished?

- Presentations by the agencies/organizations working on the issue at each monthly meeting
- Creation of Mentors for Moms in partnership with Second Stories
- Partnership with Salvation Army/Pastor Mike Straub on the formation of Road to Recovery
- Formation of Substance Abuse Resource Guide sub-committee. Partnership with Look Up Indiana to house the guide on a Jefferson County specific page

Substance Abuse Team

What is Planned?

- Launch of Jefferson County Substance Abuse/Mental Health Resource Guide on Look Up Indiana website.
- Additional work on refining:
 - Mentor for Moms
 - Road to Recovery
- Promotion of Choices/Coordinated Care Solutions Crisis Intervention Team.



Zero Suicide/Mental Health Team

Zero Suicide/Mental Health Team

What were the needs identified at the HCI Launch?

- A resource guide to mental health services in the county.
- The need for the arts and mindfulness to be promoted as alternative therapies for mental illness.
- The need to address the suicide issue in the county.
- Partnership with Madison Consolidated Schools on a Counseling Grant from the Lilly Foundation incorporating suicide prevention education for MCS students and county school personnel.

MCS Lilly Grant

- **Grant Update**
 - K-12 Alignment
- **Community Engagement**
 - Civic Lab Stakeholder Engagement Process Training
- **Early Warning System**
 - American Institutes for Research
- **ASIST Train the Trainer**

Zero Suicide/Mental Health Team

What has been accomplished?

- MCS awarded a Lilly Counseling Grant.
- Zero Suicide Initiative Community Meeting with Laurie Gerdt of Zero Suicide Presenting.
- Coroner Nay's participation in the INVDRS (Indiana Violent Death Reporting System).
- \$40,000 in funding from the Community Foundation of Madison and Jefferson County for a Zero Suicide Plan.
- Formation of a core team of 12 to create a Zero Suicide Plan for Jefferson County.

Zero Suicide/Mental Health Team

What is Planned in 2018?

- Re-launch of the Zero Suicide/Mental Health Team this summer.
- Participation in the Indiana Suicide Prevention Coalition and the SPRC Community of Practice.
- Attendance at the Indiana Suicide Prevention Conference.
- Roll-out of the Zero Suicide Initiative Plan for Jefferson County. Core team continues to meet/refine plan based on evidence-based programming.

Zero Suicide Plan for Jefferson County

Key Components

- Multi-layered Training for the Medical/Mental Health Personnel and the Community
- Community Awareness/Breaking the Stigma
 - Kindness Challenge 4/3 – 5/12
 - Bathroom stall messaging
- Communication/Resource Guide
 - Look Up Indiana launch this summer.
- Reduce Lethal Means
- Coping Skills/Building Resiliency
- Education/Best Demonstrated Practices/Data

Upcoming HCI Events

Team Meetings:

- Substance Abuse: Tues. 5/8 at 8 am KDH/Oak Room 1
- Healthy Lifestyles: Wed. 5/9 at Noon KDH/Elm Room
- Zero Suicide/Mental Health: Summer date TBD

Events:

- Mon. 4/23 – Earth Day Tobacco Litter Pick-up
 - Meet at Broadway Fountain - 4 p.m.
- Thurs. 5/3 Community Conversation on Tobacco
 - Madison/Jefferson Co. Library – 6 p.m.
- Fri. 5/11 – An Evening with Lisa Barrickman, Author of A Case for Kindness (Free event).
 - Hanover College Lynn Center for Fine Arts – 7 to 9 p.m.
- 6/1 – 6/30 Healthy Lifestyles Summer Challenge

The Future Success of HCI Depends upon All of Us Working Together!

